

NAME: _____ D.O.B _____ / _____ / _____ AGE: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____ PHONE: _____

EMAIL _____ SEX: M F

EVENT: 5K _____ dog no dog

Please carefully read and sign the waiver on the reverse. Applications should be mailed to:

HSOC

PO Box 1254

Ocean City, NJ 08226

Mission Statement

The mission of the Humane Society of Ocean City, New Jersey (HSOC) is to provide a compassionate and healthy environment for the homeless animals in our care until they can be placed into permanent homes or become permanent residents of the shelter.

The HSOC strives to promote responsible pet ownership and reduce the suffering caused by pet overpopulation and animal cruelty by offering low cost spay/neuter solutions, wellness and humane education programs to the community.



www.HSOCNJ.org
609-399-2018



9:00 A.M.

Scenic 5K walk/run
on paved roads and
bridle paths with or
without your canine
companion



All proceeds benefit the
Humane Society of
Ocean City,
a no-kill shelter

Humane Society of Ocean City Canine Caper April 17, 2010 9:00 a.m.

WAIVER AND RELEASE

Please Read Carefully Before Signing

I know that running/walking is a potentially hazardous activity and that I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with this event including but not limited to falls, contact with other participants or dogs, the effects of the weather, the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release the Humane Society of Ocean City, the City of Ocean City, DQ Events, State of New Jersey Department of Environmental Protection, all race sponsors, the race director, successors and race volunteers from any and all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the persons named in this waiver. I have read and agree to abide by the race etiquette guidelines. I further grant all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

SIGNATURE

_____/_____/_____
DATE

PARENT/GUARDIAN SIGNATURE IF YOUNGER THAN 18

_____/_____/_____
DATE

RACE DE "TAILS"

LOCATION: Belleplain State Forest, Route 550
Woodbine, New Jersey

COURSE: Out and back along Champion Road and Deans Branch Road. Course is mostly paved

REGISTRATION: On line at www.active.com, through the mail, (postmarked by 4/10) or race day morning from 7:30 a.m.-8:30 a.m. at the race site

FEES: Non-refundable \$25 before April 10, 2010.
Race day \$30. Race will be held rain or shine.

AWARDS Runners with Dogs:

1st, 2nd, 3rd Male/Female overall winners.

1st, 2nd, 3rd Male/Female in each age group as follows:
19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

AWARDS Runners without Dogs:

1st, 2nd, 3rd Male/Female overall winners.

1st, 2nd, 3rd Male/Female in each age group as follows:
19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

AMENITIES: Computerized timing by DQ Events.
HSOC T-shirts to first 150 participants. Scarves for dog participants. Post-race refreshments

INFORMATION: Contact Louise Nunan,
Race Director (609) 398-5068

Make checks payable to **HSOC**.

MAIL TO: HSOC CANINE CAPER
PO BOX 1254
OCEAN CITY, NJ 08226

www.HSOCNJ.org

Race Etiquette

In order to help make this event successful and safe please abide by these guidelines:

- * Only non-aggressive, currently vaccinated dogs are invited to participate. No animals in heat, please. Animals must be kept under control.
- * Competitive runners should start at the beginning of the pack according to ability.
- * Runners with dogs should line up after the competitive runners according to ability.
- * Walkers with dogs should follow the runners with dogs.
- * Walkers without dogs should line up last.
- * All entrants should stay to the right of the race course at all times.
- * Registrants with dogs will receive a bag for waste disposal. Please use the bag and discard it on the side of the road for retrieval by race volunteers.
- * Race numbers are for humans only, not animals.
- * Use only regular 4ft. length leashes. No retractable leashes. **Only one dog per runner/walker permitted.**
- * Be courteous to runners who may not like dogs.
- * Stay on the course to avoid unnecessary exposure to ticks.