

# THE HSOC DOGGY DU

**A DUATHLON FEATURING A  
1/3 MILE SWIM AND  
3.5 MILE RUN**

**All Proceeds Benefit the  
Humane Society of Ocean City  
[www.HSOCNJ.org](http://www.HSOCNJ.org)**

**Champion Chip Timing**



**July 25, 2009  
8:00 am  
Beesleys Point, NJ**

**DATE/TIME:**

Saturday, July 25, 2009  
Rain or Shine  
Race starts at 8:00 am

**START/FINISH:**

Beesleys Point Beach  
Beesleys Point, NJ

**TO ENTER:**

Mail application to:  
Humane Society of Ocean City  
Doggy Du  
P.O. Box 1254  
Ocean City, NJ 08226

Register Online:  
[www.Active.com](http://www.Active.com)

**APPLICANTS MUST  
BE 18 YEARS OR OLDER**



**REGISTRATION:**

Pre-registration:  
(postmarked by July 20, 2009)

\$40.00 individual  
\$50.00 team

Post-Registration:

\$50.00 individual  
\$60.00 team

Registration Closes at 150

**PACKET PICK-UP/  
POST REGISTRATION:**

Saturday, July 25, 2009 at race site  
6:00 am 'til 7:30 am

**RESULTS:**

[www.dqtridu.com](http://www.dqtridu.com)  
[www.active.com](http://www.active.com)

**ADDITIONAL INFORMATION:**

Louise Nunan (609) 398-5068  
[idotridou@aol.com](mailto:idotridou@aol.com)

Bill Hollingsworth (609) 399-2018  
[hsoced@verizon.net](mailto:hsoced@verizon.net)

**REGISTRATION FORM**

FIRST NAME \_\_\_\_\_

LAST NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_

E-MAIL \_\_\_\_\_

SEX M F AGE \_\_\_\_\_

EMERGENCY  
CONTACT \_\_\_\_\_

PHONE \_\_\_\_\_

**EVENT:**

- Individual
- Team
  - \_\_\_\_\_ male
  - \_\_\_\_\_ female
  - \_\_\_\_\_ co-ed

(both team members must complete  
application)

**T-SHIRT SIZE (adult)**

- Small
- Medium
- Large
- X-large
- 2 X-Large

**\*\*\*\*\*WAIVER MUST BE SIGNED ON  
REVERSE SIDE\*\*\*\*\***

**Waiver and Release: Please read carefully before signing.**

In consideration of the acceptance of my entry in the HSOC Doggy Du , I, my heirs, executors and administrators hereby discharge The Humane Society of Ocean City, The City of Ocean City, The Township of Upper, DQ Events, The Tuckahoe Inn, Beesleys Point Sea Doo, all sponsors and producers of the event, their agents, employees, volunteers, event directors, event holders and anyone associated in any way with the event, from all liabilities, actions, claims, demands, damages, costs and expenses which I may now or in the future have against them arising out of my participation in the above mentioned HSOC Doggy Du Duathlon, including but not limited to all injuries that may be suffered by me. I attest that to the best of my knowledge, my physical condition and fitness are adequate for me to safely compete in the duathlon. I acknowledge that my entry fee is non-refundable even in the event of the cancellation of the duathlon. I further grant all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature (team participant)

\_\_\_\_\_  
Date

**AWARDS/AGE GROUPS:**

Top 3 Overall Male and Female  
Top 3 Teams Male, Female, Co-Ed

Top 3 Male/Female place in age groups:  
19 under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

**COURSE:**

**SWIM:** 1/3 Mile (protected bay swim)  
Triangular course between Great Egg Harbor Bridge and Beesleys Point Bridge from Beesleys Point Beach area.  
Wave start, caps provided

**RUN:** 3.5 Miles (mostly flat road surface)  
Exit from beach running along Harbor Rd. to Route 9. Proceed south on Rt. 9 to Redwish Road, turn right, follow loop off Redwish around to Frederick, to Diane, back to Redwish then heading north on Route 9 to the finish in front of the Beesleys Point Bridge.

**The race director reserves the right to alter the course for any reason. Event may be cancelled if water or safety concerns warrant. There is no rain date.**

**AMENITIES:**

Computerized timing by DQ Events  
Short-sleeve custom design t-shirt to all pre-registered athletes (race day registrants while supplies last)  
Post- race refreshments, door prizes

**DIRECTIONS:**

From the South:

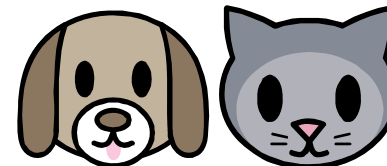
Garden State Parkway north to Ocean City exit #25. Turn left onto Roosevelt Blvd. Before second light, bear right onto Route 9 and follow Route 9 to Harbor Road. Follow parking directions below.

From the North:

Garden State Parkway south to Ocean City exit #25. Turn right onto Roosevelt Blvd. Before light, bear right onto Route 9 and follow Route 9 to Harbor Road. Follow parking directions below.

**PARKING:**

Parking will be available at the race site, in the auxiliary parking lot to the Tuckahoe Inn, at the Beesleys Point Sea Doo and on the immediate streets surrounding the race site. Please keep in mind that this area is a residential neighborhood. Harbor Road and Route 9 will remain open to traffic. State police will monitor the course for safety and the Upper Township Rescue Squad will be available for medical emergencies. Cars parked illegally will be subject to ticketing and towing. Participants and their supporters are asked to be courteous and respectful as guests of Upper Township. Thank you for your cooperation.



**THE HUMANE SOCIETY OF OCEAN CITY**

[www.HSOCNJ.org](http://www.HSOCNJ.org)

HSOC is a private, non-profit (501)(c)(3) no-kill animal shelter located in Ocean City, New Jersey. Since 1964, HSOC has proudly served Ocean City and surrounding communities in Atlantic and Cape May Counties, caring for stray and abandoned pets. HSOC strives to place its homeless residents into good, loving homes.

In September 2002, HSOC opened a new building housing an affordable spay/neuter clinic and a classroom for humane educational programs.

HSOC relies on donations to continue its mission to provide the highest level of compassion and service to our animal friends. All proceeds from this race will go to benefit the animals at the shelter.

Donations of bleach, laundry detergent, wet and dry dog and cat food as well as treats are all welcome and appreciated by the Humane Society of Ocean City. Thank you for your support.

**Due to Township Ordinances, animals are not permitted on the beach. For their comfort and the safety of the race participants, please leave your pets at home.**